



SIX ADOLESCENT RISK BEHAVIORS

(Centers for Disease Control www.cdc.gov)

- 1. Intentional and Unintentional Injuries**
- 2. Tobacco Use**
- 3. Alcohol and Drug Use**
- 4. Sexual Behaviors that contribute to Teen Pregnancy and STDs**
- 5. Dietary Patterns**
- 6. Insufficient Physical Activity**

www.kansashealthteacher.org