

# KANSAS HEALTH EDUCATION STANDARDS

## 1. HEALTH PROMOTION AND DISEASE PREVENTION

*The student will comprehend concepts related to health promotion and disease prevention.*

## 2. HEALTH INFORMATION, PRODUCTS AND SERVICES

*The student will demonstrate the ability to access valid health information and health-promoting products and services.*

## 3. REDUCING HEALTH RISKS

*The student will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.*

## 4. INFLUENCES ON HEALTH

*The student will analyze the influence of culture, media, technology, and other factors on health.*

## 5. USING COMMUNICATION SKILLS TO PROMOTE HEALTH

*The student will demonstrate the ability to use interpersonal communication skills to enhance health.*

## 6. SETTING GOALS FOR GOOD HEALTH

*The student will demonstrate the ability to use goal-setting and decision-making skills to enhance health.*

## 7. HEALTH ADVOCACY

*The student will demonstrate the ability to advocate personal, family, and community health.*

(Adopted in 2006 by the Kansas State Board of Education. Access the standards document at [www.kshealthykids.org](http://www.kshealthykids.org) – resources/standards)